



2019 Perinatal Staff Education

Mayo Clinic/Mayo Clinic Health System Staff Registration Information

Register early as class sizes are limited. The deadline for registration is **3 weeks prior** to the start of class. Go to Mayo's Learning Management System: My Learning.

Search for the title of the course and register. If a textbook is required, a link will be sent via email for you to borrow a textbook from Plummer Library.

If you have any questions or difficulties, contact Perinatal Staff Education at perinatalstaffedu@mayo.edu or call 507-255-9842. **Lack of registrants or instructors may lead to class cancellations.**

Non-Mayo Participant Registration

Register early as class sizes are limited. The deadline for registration is **3 weeks prior** to the start of class. You will be sent information on ordering books and materials required for class directly from the publisher. **Lack of registrants or instructors may lead to class cancellations and costs are subject to change.** Registration must be received **3 weeks** prior to class.

[Click here to complete registration form](#) (one per person) and mail with payment to:

Perinatal Staff Education
Eisenberg SL-41, Nursing Services
Mayo Clinic
200 First Street SW
Rochester, MN 55905
507-255-9842

Note snacks and meals are not provided.

Parking information: <http://www.rochesterparking.com/>

Note the cost of parking is not included in the registration fee.

Lodging information: <http://www.mayoclinic.org/travel-rst/lodging.html>

Note the cost of lodging is not included in the registration fee.

AWHONN: Intermediate Fetal Heart Monitoring (FHM)

Intermediate FHM is a 2-day program that is designed to enhance and validate the knowledge and skills of experienced health care professionals. The program offers demonstration, practice, and testing of the following skills: auscultation, performing Leopold's Maneuvers, placement of an intrauterine pressure catheter and spiral electrode, tracing interpretation, identification of indicated intervention, communication, and documentation.

This program includes the NICHD guidelines. **A minimum of 6 months of clinical nursing experience using fetal heart monitoring technology in an intrapartum setting is recommended. Attendance at both days is required.** Contact hours will be awarded upon successful completion of the test, by AWHONN.

Objectives

- Demonstrate the decision-making process necessary for the proper selection and verification of monitoring (FHM) techniques.
- Analyze fetal heart rate patterns, uterine activity and their implications for fetal well-being.
- Correlate indicated clinical interventions with related maternal-fetal physiology.
- Describe the role and responsibility of the professional nurse in the use of FHM in intrapartum care.
- Simulate the psychomotor skills used in FHM.
- Communicate verbal and written data about patient status and verify accountability.

Class offered April 24 and 25 or October 23 and 24; 0730–1630.

Contact hours from AWHONN: CE/CME 18.3/15.25.

Mayo Clinic/Mayo Clinic Health System staff: No cost. You will receive an email link to request the required textbook from the Plummer Library and to obtain additional course materials to be purchased by your work unit.

All other participants: Cost payable with registration information: \$200.00. You will receive a link to purchase required textbook and student course pack from the publisher.

Mayo Clinic and MCHS, register online through: [My Learning](#).

All other participants: [Click here to complete registration form](#).

The S.T.A.B.L.E. Program

The S.T.A.B.L.E. program is designed to address care during the post-resuscitation/pre-transport stabilization of sick newborns. S.T.A.B.L.E. is considered by many experts to be the follow-up, complementary program to the American Academy of Pediatrics Neonatal Resuscitation program (NRP). **The NRP program is a prerequisite to taking the S.T.A.B.L.E. program.**

The S.T.A.B.L.E. program is composed of 6 modules: Sugar/Safe Care, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support. Participants are encouraged to review the book and take a pre-test (link will be sent following registration) prior to class. A post-test will be administered during the course. A course completion card and contact hours are awarded to those with a passing test score of 85% or greater.

The S.T.A.B.L.E. program was authored and founded by Kristine A. Karlsen, PhD, APRN, NNP-BC.

Objectives

- Discuss the mechanisms of thermoregulation and the prevention of cold stress.
- Identify the risk factors, symptoms, and treatment of hypoglycemia in the neonate.
- Discuss the assessment of and interventions for the infant in respiratory distress.
- Interpret arterial blood gases.
- State the causes and presentation of hypovolemic, cardiogenic, and septic shock in the neonate.
- List risk factors, clinical signs, and laboratory evaluation of the neonate at risk for sepsis.
- Describe methods of supporting family members when their infant is transported.

Class offered January 29, April 16, September 17, or November 12; 0730–1630. Contact Hours: 8.0.

Mayo Clinic/Mayo Clinic Health System staff: No cost. You will receive an email link to request required textbook from Plummer Library.

All other participants: Cost payable with registration information: \$100.00. You will receive a link for purchasing required S.T.A.B.L.E. 6th edition textbook from the publisher.

Mayo Clinic and MCHS, register online through: [My Learning](#).

All other participants: [Click here to complete registration form](#).

The S.T.A.B.L.E. Renewal Course

This course is designed for health care givers who have completed the S.T.A.B.L.E. course within the past 2 years. The S.T.A.B.L.E. content is presented in a condensed format and participants should be familiar with the class content.

Class offered March 12, or October 16; 0730–1130. Contact hours: 4.5.

Mayo Clinic/Mayo Clinic Health System staff: No cost. You will receive an email link to request required textbook from Plummer Library.

All other participants: Cost payable with registration information: \$50.00. You will receive a link for purchasing required S.T.A.B.L.E. 6th edition textbook from the publisher.

Mayo Clinic and MCHS, register online through: [My Learning](#).

All other participants: [Click here to complete registration form](#).



Registration
2019 Perinatal Staff Education

Name <i>(First, Middle, Last)</i>		
Address <i>(Street, City, State, ZIP Code)</i>		
Credentials		Employer Name
Work Phone	Home Phone	Mobile Phone
Email		
Supervisor Name		Phone

Class	Dates	Fee
AWHONN Intermediate FHM Program	<input type="checkbox"/> April 24 and 25 <input type="checkbox"/> October 23 and 24	No personal cost for Mayo Clinic/Mayo Clinic Health System staff. Your work unit will purchase required student course pack. \$200.00 due for non-Mayo Clinic participants paid with registration information. There will be an additional cost for purchasing required textbook and materials from publisher.
The S.T.A.B.L.E. Program	<input type="checkbox"/> January 29 <input type="checkbox"/> April 16 <input type="checkbox"/> September 17 <input type="checkbox"/> November 12	No charge for Mayo Clinic/Mayo Clinic Health System staff. \$100.00 due for non-Mayo Clinic participants paid with registration information. Additional cost for purchasing required textbook from publisher: \$49.95 + shipping.
The S.T.A.B.L.E. Renewal Course	<input type="checkbox"/> March 12 <input type="checkbox"/> October 16	No charge for Mayo Clinic/Mayo Clinic Health System staff. \$50.00 due for non-Mayo Clinic participants paid with registration information. Additional cost for purchasing required textbook from publisher: \$49.95 + shipping.

Print a copy of this registration form (page 6 only) to mail with your check or money order.

Make check or money order payable to **Perinatal Staff Education** and mail to:

Perinatal Staff Education
 Eisenberg SL-41, Nursing Services
 Mayo Clinic
 200 First Street SW
 Rochester, MN 55905

Also email this form to perinatalstaffedu@mayo.edu.