

Mastectomy Form Instructions



For specific instructions related to the usage, cleaning, maintenance, or warranty of your mastectomy form(s), refer to your manufacturer provided instructions.

HOW TO FIT INSTRUCTIONS

- 1 Gently fold the form in half horizontally.



- 2 Insert form into the pocket of the bra.



- 3 Move form in pocket for desired fit.
- 4 When inserting the form:
 - Avoid stretching, twisting, rubbing, or using excessive force.
 - Remove sharp or pointy jewelry.

CLEANING INSTRUCTIONS

Daily Wash:

- 1 Silicone and Swim Type Forms
 - Wash by hand with a liquid soap.
 - Liquid soaps should be free of aggressive cleansers or solvents.
 - Chlorinated or salt water will not damage the form.
 - Pat dry with a towel.
- 2 Memory Type Forms
 - Memory type forms come in 2 parts. Remove the fiberfill before washing. (Do not clean the fiberfill.)

- Spot wash by hand and without soap.
 - Rinse thoroughly and line dry. (**Never** machine dry.)
 - Cover Cleaning
 - Hand wash in warm water. (**Never** use soaps or bleach.)
 - Line dry. (**Never** machine dry.)
- 3 Active Beaded Type Forms
 - Hand wash in warm water. (**Never** use soaps or bleach.)
 - Lay flat to dry.

STORAGE INSTRUCTIONS

- 1 Always store your form after each use in a case/bag with nipple side down.
- 2 Always store and transport case in a dry place.

TIPS FOR EXTENDING PRODUCT LIFE

- Keep forms away from sharp or pointy objects like pins, scissors, or pets.
- Protect forms from exposure to direct sunlight.
- Except for swim forms, avoid hot water.
- Keep forms away from hot surfaces.
- Avoid putting perfumes on forms.
- Do not substitute swim forms for everyday use.
- Avoid using liquid soaps that contain solvents.
- Avoid using aggressive cleansers which may include, but are not limited to bleach, ammonia, carpet cleaners, glass cleaners, acidic products, or appliance-type cleaners.
- Store in manufacturer provided case or the bra pocket. When stored in a bra pocket, leave the bra hanging over the chair or on a door knob.

REORDERING PROSTHESES

FORMS	WI MEDICAID	MN MEDICAID	MEDICARE	MOST PRIVATE INSURANCE
Breast Prosthesis Mastectomy Form (L8020)	2 per 3 years (1 per side)	4 per year (2 per side)	4 per year (2 per side)	Call for details
Breast Prosthesis, Silicone or Equal Without Integral Adhesive (L8030)	2 per 3 years (1 per side)	2 per 2 year (1 per side)	2 per 2 years (1 per side)	Call for details

Can only bill for one type of prosthesis per waiting period.

GENERAL WARRANTY INFORMATION

Most manufacturer's warranty swim type forms for 1 year and silicone type forms for 2 years. There are a small number of products which do not come with a warranty. Check your manufacturer's package inserts for specifics and ask Mayo Clinic Store staff if you have any further questions.

SERVICE LOCATIONS

Mayo Clinic Store is available to assist with questions related to your mastectomy products. Normal business hours for Mayo Clinic Stores are Monday through Friday, 8 am–5 pm.

MINNESOTA	WISCONSIN	ARIZONA
Albert Lea Call 507-668-2913	Eau Claire Call 715-838-1815	Flower of Hope Call 480-342-4830
Fairmont Call 507-238-5133	La Crosse Call 608-392-9797	
Mankato Call 507-594-2689	Onalaska Call 608-392-9797	
Rochester (Compression, Mastectomy, Wigs) Call 507-284-9669		