Cancer Education Offerings

CLASSES

Offered virtually at all Mayo Clinic sites and on-site and virtually in Rochester, MN. Ask your Mayo Clinic care team to schedule a class for you.

- Exercise and Cancer
- Managing Cancer-Related Fatigue
- Mindfulness: Being Present with Cancer
- Moving Forward After Cancer Treatment

ACTIVITIES

Offered only on-site in Rochester, MN.

- Art in 10 Minutes
  Tuesdays 2:30 - 3:30 p.m.
- Caring Canines
  Tuesdays 11 a.m. - 1 p.m.
  Wednesdays 1 - 2 p.m.
- Caring Hands
  Thursdays 11 a.m. - 1 p.m.

Follow the Cancer Education Blog on Mayo Clinic Connect to learn more about our offerings and to access resources on a variety of topics.

https://connect.mayoclinic.org/blog/cancer-education-center/

507-266-2991 | canceredcenter@mayo.edu | Mon-Fri 7:30 a.m. - 4:30 p.m. CST
Stephen and Barbara Slaggie Family Cancer Education Center - Gonda Lobby Level