July-Sept. 2021

At Mayo Clinic Cancer Center, reliable, up-to-date education is central to a patient’s cancer care plan. Mayo Clinic is dedicated to providing information and resources to support patients, caregivers and the public on cancer prevention as well as during diagnosis, treatment and life after treatment. Knowledge empowers individuals to become active partners in their health care.

STAY CONNECTED
To access cancer education, tips and resources on a variety of topics please join the Cancer Education blog on Mayo Clinic Connect. This online community is a moderated platform, allowing people with similar health concerns to share experiences, ask questions and find support. Username and password required. Please explore the content under the “MORE” tab for additional information.

ACCESS CLASSES
An example of recorded classes include:
- Survivorship Class: Moving Forward After Cancer Treatment
- Reducing Fatigue
- Stress Management
- Nutrition & Cancer
- Physical Activity & Cancer

NATIONAL CANCER SURVIVORS DAY®
Join our free, virtual celebration to hear expert guidance on daily practices based on current research studies. This pre-recorded video series will begin on Sunday, June 6th, and will continue to highlight various topics related to cancer survivorship every Monday in June. Content will be available through August 2021. Visit Mayo Clinic Connect for topics.

Phone: 507-266-2991
Email: canceredprog@mayo.edu
connect.mayoclinic.org/blog/cancer-education-center