
MAYO CLINIC'S EXECUTIVE HEALTH PROGRAM

Our Mission:

To provide individualized, comprehensive care to meet the unique needs of full-time working executives in the demanding stages of their careers. We focus on preventive health and wellness with timely, coordinated access to multidisciplinary care, including advanced diagnostics, state-of-the-art prevention strategies and therapeutics when needed.

Frequently Asked Questions

COMING TO MAYO CLINIC



What's an Executive Health visit like at Mayo Clinic?

A Mayo Clinic Executive Health Program appointment is known for being more thorough, more personalized, and featuring more physician time than any executive exam available. It is a career-long relationship with world-class Mayo Clinic providers, focused on preventive health, with each appointment tailored to address the executive's specific needs, concerns and interests.

Can Mayo Clinic provide support to help me in following the Executive Health physician's recommendations?

Yes. We encourage our executive patients to take advantage of our team of certified Mayo Clinic wellness coaches to help them set goals, create an action plan, address barriers, build confidence, and address the lifestyle changes that the physician recommends. The wellness coach can work with the executive over a series of phone/video appointments to provide support across physical activity and exercise, nutrition and weight loss, stress management and resiliency, healthy sleep, and other lifestyle goals.

How do I book an appointment?

It's as simple as a phone call! We recommend booking your appointment as soon as possible to allow our team to optimally coordinate your visit. Our program has multiple doors for entry, and you can choose the Mayo Clinic location that is most convenient for you.

Arizona: 480-301-8088

Florida: 904-953-2907

Minnesota: 507-284-2288

London, United Kingdom: 0207-871-2575

Frequently Asked Questions



Does the Mayo Clinic Executive Health Program serve both U.S. and international executives?

Absolutely. Mayo Clinic is a destination medical center. We see patients from all 50 states and over 130 countries. We also serve multi-national employer clients and see executives from around the world.

Is the Executive Health Program the same in each Mayo Clinic location?

While each Mayo Clinic campus is unique, the executive can visit the location of choice and expect the same world-class, comprehensive and personalized preventive health experience delivered within the Mayo Clinic model of care.

How far in advance should I schedule my appointment?

As soon as possible! We're proud that so many busy executives realize the value of our program, so we do schedule several months out at all locations. Given our comprehensive and personalized approach, we recommend scheduling your appointment several months in advance. The more time you give us, the more efficient we can make your consolidated schedule.

How often do executives come to Mayo Clinic for an Executive Health Program appointment?

The cadence of your appointment will come at the recommendation of your Executive Health physician. Most of our patients carve out time on their calendars for an annual appointment. Executives without health issues or concerns may consult with their Mayo Clinic Executive Health Program physician and decide to come every-other-year. To be considered "active" in our Executive Health Program, you must be seen within the last three years.

What happens if that three-year period lapses?

Any patient who has not been seen for an Executive Health appointment within three years will be considered a new patient. The patient would then have to requalify for the Executive Health Program.

In addition to support from a certified wellness coach, are there other ways you help support executive patients through the year beyond the appointment?

The Executive Health Program offers exclusive emails, webinars and other content for patients to improve their health throughout the year. Our quarterly Executive Health newsletter includes information, tips, and updates for our patients; and our quarterly Mayo Clinic expert speaker series is another session that is available to active patients only. Don't forget that Mayo Clinic is available in the event of a complex diagnosis and specialty care need, giving even more continual support for busy executive patients.

Frequently Asked Questions

QUALIFICATIONS



How do I qualify to be a patient at Mayo Clinic's Executive Health Program?

We serve C-suite executives, presidents, chairpersons, founders, managing directors, managing partners, and other executive leaders. When a person calls for an appointment, they will answer several questions about work status, title, company, and company size before an appointment may be made.

Is the Mayo Clinic Executive Health Program a medical concierge program?

No. A medical concierge program is a membership program that provides members with 24/7/365 provider access for an annual fee. We are not a membership program, and we do not provide 24/7/365 provider access. We do, however, provide a career-long care relationship, centered around an annual visit including unhurried physician time, access to world-class specialists, and executive-level services and amenities.

Can I consider my Mayo Clinic Executive Health Program physician my primary care provider?

No. We require that our executive patients have a local primary care provider for personal health needs, including medication refills, throughout the year. Naming your primary care provider may be a prerequisite to making an Executive Health appointment.

Can retired executives make use of the Mayo Clinic Executive Health Program?

No. The Executive Health Program focuses on providing preventive care for active executives in the demanding stages of their careers. Because of this, retired executives are better served by their local primary care physician, who can refer them to Mayo Clinic for specialty care when necessary.

We enjoy and appreciate the career-long relationships we have with our Executive Health Program patients. But we also recognize that with retirement and as we age there is a time when local primary care is a better fit than an executive-focused program. Remember Mayo Clinic is here for your complex diagnosis and specialty care needs.

FEES

What's the cost of a Mayo Clinic Executive Health visit?

Given the personalized appointments we deliver, the cost of an appointment will vary based on many factors including gender, age, visit, campus; additional tests, screenings and consults your physician may order; optional services you may choose to add; and of course, insurance coverage. For transparency please see the separate pricing piece for our standard protocol of services.

Frequently Asked Questions



Will my insurance cover an Executive Health visit at Mayo Clinic?

Mayo Clinic's Executive Health Program files claims with your carrier for parts of your care that are typically covered by insurance. We are in-network with many health plans.

The executive services fee, covering the non-clinical executive-level services and amenities provided within the program, is typically out-of-pocket unless covered by your company through corporate enrollment. Select other tests and services may also not be covered by insurance.

Each insurance plan is different, so coverage will vary based on your plan. Check with your plan administrator to determine benefit coverage.

Can my company pay for all or some of a Mayo Clinic Executive Health Program appointment?

Yes, we have a corporate enrollment option for companies with 25+ employees who would like to provide the Mayo Clinic Executive Health Program as an executive benefit to their leaders. The company determines eligible executives, Mayo Clinic campus options, preferred billing, and what they will and won't cover. To qualify for our program, eligible executives must be working executives with titles typically including CEO, president, C-suite, the company's business leadership team, and/or VPs and above. The Mayo Clinic Executive Health Program can help the company protect and optimize the health and performance of key business leaders and can be a unique executive benefit that the company offers to recruit and retain top talent.

What is the executive services fee and what does it include?

Our Executive Services Fee covers all the non-clinical services and amenities that help make this an "executive" health experience. This includes our executives-only space, executive lounge and concierge staff, snacks and beverages, personal lockers, private office space, consolidated appointment schedule, fast-tracked lab results, prioritized specialist consults, travel, lodging and dining recommendations and discounts, and quarterly e-newsletter and expert speaker series.

What is your cancellation policy, and is there a cancellation fee?

Cancellation fees will be charged to patients who cancel or reschedule within 30 days of a scheduled on site Executive Health medical exam or who fail to attend this confirmed appointment.
