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FIBROMYALGIA CLINICAL REVIEW

& strategies for managing your patients

MAYO CLINIC
ROCHESTER, MINNESOTA
SEPTEMBER 6, 2019

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Mayo Clinic General Internal Medicine

FIBROMYALGIA CLINICAL REVIEW

& strategies for managing your patients

9.25 AMA PRA
CATEGORY 1
CREDITS™

9.25 ABIM
MOC POINTS
AVAILABLE

MAYO CLINIC
ROCHESTER, MINNESOTA
SEPTEMBER 6, 2019
COURSE DIRECTORS
ARYA MOHABBAT, MD & ANJEEV NANDA, MD

GIMEDUCATION.MAYO.EDU/FIB/2019



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COURSE DESCRIPTION

This meeting will present up-to-date information as well as contemporary approaches/strategies for the treatment of fibromyalgia. The program will cover the many facets of fibromyalgia, with expert faculty presenting evidence-based information and emerging practical clinical approaches.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Summarize recent updated guidelines for the diagnosis and treatment of fibromyalgia.
- Review the medication treatment options for fibromyalgia, including indications and major adverse effects.
- Detail the non-medication treatment options for fibromyalgia.
- Recognize the overall symptom complex and comorbidities associated with fibromyalgia.
- Summarize the underlying pathophysiology (central sensitization).

TARGET AUDIENCE

This course is designed for physicians, nurse practitioner, physician assistants, and other allied health providers who work in the fields of internal medicine, family medicine, physical medicine & rehabilitation or psychiatry/psychology who provide care for patients with fibromyalgia.

LODGING ACCOMMODATIONS

Rochester, MN has an abundance of hotels that are connected by skyway and pedestrian subway to conference facilities, downtown shops, and restaurants. You may wish to visit the Rochester Convention and Visitors Bureau (www.experiencerochestermn.com) for accommodation options and area information.

REGISTRATION FEES

\$375 Physicians/Scientists

\$350 Residents, Physician Assistants, and Nurse Practitioners

Registration fee includes tuition, electronic course syllabus, continental breakfasts, break refreshments, and lunch.



PROGRAM AT-A-GLANCE

For full program details, visit: gimeducation.mayo.edu/fibro2019

Pre-test Audience Response and Healthy Living Program Introduction

Clinical Review of Fibromyalgia

Pharmacogenomics and Medication Selection

Concurrent Group Discussions sessions

- Diagnostic Criteria
- Medication Management
- Psychiatry/CBT

Lunch with the Experts

Concurrent Group Discussions sessions

- Pain Rehabilitation
- Integrative Medicine Strategies
- Exercise, Sleep & Wellness

Rehabilitation (PT, OT, biofeedback)

Relaxation and Mindfulness

Panel Q&A and Post-course ARS

WEBSITE: GIMEDUCATION.MAYO.EDU E-MAIL: RSTGIMCME@MAYO.EDU PHONE: 507-284-8781

CREDIT



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity/ for a maximum of 9.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.