Affirming the Relevance of Narrative in Contemporary Suicide Assessment and Treatment

SONNENALP HOTEL
VAIL, COLORADO
MAY 30–JUNE 1, 2019

FOR MORE INFORMATION:
E-mail: cme@mayo.edu
Phone 800-323-2688
(Phone registrations not accepted—online only)

Call for Abstracts Deadline: April 15, 2019
COURSE HIGHLIGHTS

- After six biennial conferences in the Swiss Alps, the Aeschi group will hold its fourth and final North American conference at the world-class Sonnenalp Hotel in the Colorado Rockies.
- The conference will be built around a series of videos illustrating key concepts in narratives, assessment and treatment of patients at risk for suicide.
- National and international experts acting as teachers and discussants will engage in intimate and probing exchanges about relating Aeschi concepts to the clinical material in the videos.
- Participants will be limited to 120 to preserve the collegial and safe atmosphere that has characterized all Aeschi conferences.

TARGET AUDIENCE

This course is designed for any and all providers who engage in the assessment and treatment of suicidal patients. This includes but is not limited to psychiatrists, psychologists, social workers, and psychotherapists, as well as primary care physicians and allied health providers (PAs, NPs, RNs).

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Describe how the process of the therapist and patient developing a narrative of the patient’s suicidality is the first stage in formulating a treatment plan.
- Identify the central role in framing therapeutic goals of the suicide narrative therapist and patient have collaboratively developed.
- Recognize how clinicians’ past experiences with suicide in professional and personal relationships affects their work with suicidal patients.

COURSE DIRECTOR

J. Michael Bostwick, M.D.

ONLINE REGISTRATION

CE.MAYO.EDU/AESCHI2019

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Role</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Physician, Scientist, Psychologist</td>
<td>$875</td>
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<tr>
<td>Resident, Social Worker, Student, RN, NP, PA</td>
<td>$725</td>
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LODGING & ACCOMMODATIONS

Sonnenalp Hotel / 20 Vail Road / Vail, Colorado 81657 / 800-654-8312

Special room rates are available until the block is sold out or until May 7, 2019, whichever comes first. Please identify yourself as a participant of the Mayo Clinic Aeschi 10 conference when making your reservation.
PROGRAM AT-A-GLANCE

Thursday, May 30, 2019
What is the Aeschi Approach Anyway?
Bridging the Psychiatry/Psychology Chasm Through Narrative
How Narratives Can Help Frame Treatment
- CAMS as a Framework for assessment and Treatment
- How Narrative Informs Risk Assessment and Treatment Planning
How Narratives Can Help Build Motivation for Change
- The Teachable Moment Brief Intervention
- Motivational Interviewing with Suicidal Patients

Treatment Engagement and Narrative Interviewing
Workshops

Friday, May 31, 2019
How Narratives Can Help Shape Acute Prevention Planning
- Crisis Response Planning and Lethal Means Prevention
- Using Narrative Interviews for Brief Interventions in Acute Settings

How Narratives Can Inform CBT Formulation and Treatment
- CBT for Suicide Prevention (PACT) in the Inpatient Setting
- An Integrated Narrative for CBT in Suicidality

How Narratives Can Inspire Gradual Change
- Long-Term Management of Borderline Personality Disorder
- Principles of Psychodynamic Psychotherapy with Suicidal Patients

Workshops
Poster Presentations and Reception

Saturday, June 1, 2019
How Narratives Guide Clinician Survivors
- Posttraumatic Growth in Clinicians with a Personal History of Suicidality
- Posttraumatic Growth in Clinicians with a Family History of Suicide
Closing - What Aeschi Has Meant To Me

Program schedule subject to change

CANCELLATION POLICY
Please visit ce.mayo.edu/cancellation for more information.

ABSTRACTS
This course is accepting abstract submissions for posters and workshops. Submission Deadline: April 15, 2019. Notification of Results: May 1, 2019. Please visit ce.mayo.edu/aeschi2019 for more information.

CREDIT
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 19 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APA
Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.

This activity is approved for a maximum of 19 credits. Credit is awarded only for actual instructional time.

Other Healthcare Professionals
A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.
AESCHI 10:
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