

Where should you seek care?



Get started



Check Symptoms

All ages

Available 24/7/365

Free

Online symptom evaluation tool in the patient portal.

Available for patients residing in Arizona, Iowa, Minnesota or Wisconsin who have a Mayo Clinic primary care provider.

Requires a Mayo Clinic patient portal account. To create an account, go to mayoclinichealthsystem.org/patient-online-services or download the Mayo Clinic App from Google Play or the App Store.



Nurse Line Triage

All ages

Available 24/7/365

Free

Care advice for new or worsening symptoms.

The nurse line does not replace calling 911 in an emergency.

For Mayo Clinic and Mayo Clinic Health System patients



Scan the code or go to mayoclinichealthsystem.org/convenient-care-options to learn more about care options.

In-person care options



Primary Care

All ages
Available during clinic hours
Fees apply \$\$

Family Medicine, Internal Medicine and Pediatric and Adolescent Medicine.

The first treatment resource for illnesses, minor injuries and long-term care of chronic diseases. Ask about video appointments.



Express Care

18 months to 75 years of age
Fees apply \$

In-person or video visits for minor health concerns.

Not available at all Mayo Clinic Health System locations. Go to mayoclinichealthsystem.org/services-and-treatments/express-care for details.



Urgent Care / Same Day Clinic

6+ months of age / 3+ months of age
Available during clinic hours
Fees apply \$\$\$

Same-day appointments for minor health concerns. Ask about video appointments.



Mobile Health Clinic

All ages
Available during clinic hours
Fees apply \$\$

Mobile unit offering virtual or in-person care for minor health concerns.

Go to mayoclinichealthsystem.org/mobilehealthclinic for details.



Emergency Department

All ages
Available 24/7/365
Fees apply \$\$\$\$

Care for severe and life-threatening situations that require immediate medical attention. Call 911 immediately. Do not drive to the Emergency Department.

mayoclinichealthsystem.org

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Virtual care options



Mayo Clinic patient portal

All ages
Available 24/7/365
Message exchange with care team may be eligible for billing.

Manage your care, and get secure and convenient access to your health information online or through the Mayo Clinic app.

Go to mayoclinichealthsystem.org/patient-online-services for more information.



Express Care Online

18 months to 75 years of age
Available daily from 8 a.m. to 7 p.m.
Fees apply \$

Complete a questionnaire in the Mayo Clinic patient portal about minor health concerns and conditions. Receive a response or diagnosis within one hour, if submitted between 8 a.m. and 7 p.m. After-hours submissions will be answered the next day.



Primary Care On Demand

18+
Available 24/7/365
Fees apply \$\$

Use the mobile app as an extension of your in-clinic care to access video visits with a physician from wherever you are in Minnesota, Iowa and Wisconsin.

Download the app from the Apple app store or Google Play.



Learn more, watch a video and download the app at primarycareondemand.mayoclinichealthsystem.org.

Health and wellness resources

Blog mayoclinichealthsystem.org/hometown-health

Email newsletter mayoclinichealthsystem.org/hometown-health and click on any post to get started.

Livewell page mayoclinichealthsystem.org/wellness-hub