



MAYO CLINIC IN FLORIDA

# Community Impact Report 2023



Mayo Clinic is a nonprofit organization committed to improving the quality of life, health and well-being of the communities it serves. The organization builds and sustains relationships and invests in the communities where patients and staff live and work.

The top three prioritized health needs for Mayo Clinic in Florida for the 2023-2025 Community Health Improvement Plan are Access, Chronic Diseases and Mental Health.



## COMMUNITY INVESTMENTS

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**\$6 million**  
to  
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## COMMUNITY INVESTMENTS



At Mayo Clinic in Florida, our community relations approach is centered on fostering strong collaborations and actively engaging in community initiatives both within and beyond our hospital. Healthcare influences only 20% of social determinants of health, so our partnerships are vital in reaching out to the most vulnerable people and areas in Jacksonville to help improve their lives in broader ways.



In 2023, Mayo Clinic contributed nearly **\$6 million** to the Northeast Florida community, supporting nearly 100 organizations. Of note, Mayo Clinic contributed \$5 million to Sulzbacher, the area's largest provider of comprehensive services for homeless adults. As a result of this investment, Mayo Clinic will be the designated healthcare partner for the new healthcare center that is part of the Sulzbacher Enterprise Village expansion project. This multi-building phased initiative will help address housing, healthcare, job training and education needs in a multifaceted approach. The investment into Sulzbacher expands on a partnership that Mayo Clinic has been building since 2008, including recent steps that expand the learner's community clinic and the number of our clinicians, residents, fellows and other learners at Sulzbacher.

Mayo Clinic continues to invest in Blue Zones Project Jacksonville, which is focused on creating a healthy and vibrant community that supports the well-being of its members and helps them live longer. The project will continue for at least the next four years.

In 2023, Mayo Clinic also opened its Community Health Collaborative in the heart of downtown Jacksonville. The collaborative aims to understand the healthcare needs of Mayo Clinic's neighbors and support their needs by sharing health education, addressing health equity and health disparities, and connecting them with the latest research.

## COMMUNITY CONTRIBUTIONS GRANT PROGRAM



### Bring Your Brokenness

\$10,000 was awarded to Bring Your Brokenness to start a new outpatient program. The program provided group coaching and outpatient support for people recovering from eating disorders. Bring Your Brokenness was able to provide coaching and support to over 100 people.

### Westminster Woods Residents Association

\$1,500 was awarded to Westminster Woods Residents Association to support its brain health and music therapy interventions program. The program provided research-based music interventions aimed at improving the quality of life for residents living in memory care and the skilled nursing unit. 72 people participated in this program.

### Jacksonville University

A \$25,000 grant to Jacksonville University supported improving access to mental health professionals through healthcare scholarships for students in that field. At a mid-grant program checkpoint, two scholarships had been provided for underrepresented graduate-level students enrolled in Jacksonville University's Clinical Mental Health Counseling Program and to supervisors for the students. The scholarship awardees provided 635 hours of mental health counseling services, in partnership with community mental health agencies.

### Hart Felt Ministries

\$10,000 was awarded to Hart Felt Ministries, Transportation Program: Improving Access to Medical Care and Groceries. Through this grant, the program provided reliable transportation to 271 underserved seniors. Transportation continues to be a challenge for the Northeast Florida community.

## COMMUNITY PARTNERSHIPS



Mayo Clinic in Florida is proud to work with organizations across the region to address community needs and further equity, diversity and inclusion. Mayo Clinic in Florida collaborates with organizations and other partners to develop a diverse array of innovative programs and initiatives that are making a tangible difference in Northeast Florida.

- Mayo Clinic supplemented Mission House staff with internal medicine and neurology providers, providing 448 appointments over 500.5 staff hours.



- Mayo Clinic served vulnerable populations in collaboration with Volunteers in Medicine by providing inoculation and testing for human papillomavirus (HPV) at VIM and supplementing VIM clinic staff with services including cardiology, gastroenterology, gynecology and internal medicine. This work led to 284 patients being seen by Mayo staff and 439.23 staff hours. In addition, through grant funding from Mayo Clinic for Diabetes Care for Uninsured Working Adults, 198 patients were diagnosed with diabetes at VIM and received medications to help manage their condition.
- In addition to the financial investment to Sulzbacher, Mayo Clinic provided the organization with comprehensive services including cardiovascular disease treatment, primary care services and mobile health visits. In June 2023, Mayo Clinic launched the Learners Community Clinic, which provides a weekly clinic on Thursdays afternoon through our Community Internal Medicine Residency program for people in the community who lack health insurance. The cardiovascular and primary care services resulted in a total of 217.5 staff hours with 275 patients served.

**Wellness Rx**

Mayo Clinic in Florida continued its Wellness Rx efforts, a community-driven health and wellness initiative through which Mayo Clinic partnered with Jacksonville University, Terry Parker High and Woodland Acres Elementary on a monthly, rotating schedule to provide drive-thru grocery giveaway as well as provide monthly health topic information and resources to increase informed decision-making for healthcare needs. In 2023, Wellness Rx served 2,114 families and distributed over 97,700 pounds of food.

**COMMUNITY INVOLVEMENT** 

**Mayo Clinic supports the Ready4Work Program**

In the fall of 2023, Mayo Clinic in Florida gave \$12,500 to Operation New Hope to support the Ready4Work program, which offers comprehensive support and training to people returning to the workforce after being incarcerated. Through this funding, Operation New Hope served 532 clients at Ready4Work Jacksonville, resulting in 476 people being placed in living-wage jobs. In addition, Mayo Clinic staff donated over 250 items of professional clothing that helped the over 50 people enrolled in the program.

**Mayo Clinic staff volunteer in the community through the Mayo Clinic Cares platform**

In 2023, 407 volunteers from Mayo Clinic in Florida served 2,499 volunteer hours at 77 events. This marked a 47% increase in the number of volunteers and a 77% increase in volunteer hours from 2022. Volunteer opportunities included a beach cleanup, food distribution and building reading kits.



**United Way Campaign**

Through the 2023 United Way Campaign, Mayo Clinic in Florida staff learned about services provided through United Way to Northeast Florida. This resulted in staff and the institution giving a total of \$184,800 toward the campaign.



