



## ABOUT MAYO CLINIC HEALTH SYSTEM

Mayo Clinic Health System consists of clinics, hospitals and other facilities that serve the health care needs of people in more than 60 communities in Iowa, Minnesota and Wisconsin. The community-based providers, paired with the resources and expertise of Mayo Clinic, enable patients in the region to receive the highest-quality health care close to home.



## MAYO POST ACUTE CARE LOCATIONS

Care is provided in a hospital in these communities:

### Iowa

Decorah 563-382-2911

### Minnesota

Cannon Falls 507-263-6000

Lake City 651-345-3321

New Prague 952-758-4431

St. James 507-375-3391

Waseca 507-835-1210

### Wisconsin

Barron 715-537-3186

Bloomer 715-568-2000

Menomonie 715-235-5531

Osseo 715-597-3121

Sparta 608-269-2132

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# Mayo Post Acute Care

The right care, at the right time,  
in the right setting



If you are recovering from an illness or surgical procedure and no longer need a more complex level of care, you may benefit from Mayo Post Acute Care.

Mayo Post Acute Care provides you with skilled care by physicians, nurses and/or therapists in a Mayo Clinic Health System community hospital setting.

Our team includes:

- Physicians
- Physician assistants
- Nurse practitioners
- Registered nurses
- Licensed practical nurses
- Certified nursing assistants
- Care Management
- Physical, occupational, speech and respiratory therapists
- Pharmacists
- Dietitians
- Spiritual Care (when requested)

We work with you and your caregivers to develop your care plan and ensure it is working. While you are in transitional care, you are encouraged to participate in activities, perform your own daily cares and dress in your clothes if your condition permits you to do so.



## BENEFITS

In most cases, you will be able to receive care closer to home. This means it's easier for your family and friends to participate in your recovery process.

You receive team-based quality care in a hospital setting with Hospital Medicine providers and registered nurses providing you with 24/7 care. Your room is well-equipped and comfortable, and many transitional care rooms are private.

## MAYO POST ACUTE CARE SERVICES

### Skilled Nursing Care

Examples of services include wound care, respiratory support, intravenous treatment, cardiac monitoring, pain management and tube feedings.

### Rehabilitation

You will be encouraged to participate in rehabilitation programs to build your strength and continue healing.

Rehabilitation services include physical, occupational, respiratory and speech and language therapies, and cardiac rehabilitation. Your therapy program and schedule will be determined by your care team.

### Hospital Services

Laboratory, most X-ray and many other services are available.

## Care Management

The care management team will help address your psychosocial needs and find equipment and other resources you may need upon your discharge home. If you cannot return home, staff will assist in finding another option for your care.

## Activities

Leisure activities and spiritual programs are available.

## SPECIALIZED SERVICES

Some Mayo Post Acute Care sites offer additional specialized services. Examples include care if you need a mechanical ventilator or dialysis. Mayo Post Acute Care follow-up appointments are also available via video at some locations. The video follow-up appointments use telecommunication and information technology to provide clinical health care from a distance through a direct connection to a Mayo Clinic specialist while you are recovering. Talk to your health care team to learn more.

Your health care team will work with you and your family or other caregivers to help you decide which Mayo Post Acute Care community hospital best meets your needs.

