

Southeast Minnesota 2023

Community Impact Report



Mayo Clinic Health System is a nonprofit organization committed to improving the community's quality of life, health and well-being.

In Southeast Minnesota, Mayo Clinic Health System serves Albert Lea, Austin, Cannon Falls, Faribault, Lake City, Owatonna, Red Wing, and surrounding communities. Its community efforts align with the priorities from the Community Health Needs Assessment:

- Improve mental well-being
- Improve access to care
- Reduce substance misuse
- Address chronic disease prevention
- Promote social connection and inclusion

Community Investments

Mayo Clinic Health System invests in local communities through grants and in-kind donations contributing to initiatives that address community health needs or enhance the vibrancy of the community.

In 2023, Mayo Clinic Health System contributed \$343,000 to more than 110 organizations through its Community Investment program, including:

- HealthFinders Collaboration and C.A.R.E. Clinic, to improve healthcare access for underinsured populations
- Community Pathways and local food shelves, to address food insecurity
- Transitional Housing and Hope for Harbor, providing safe housing for those experiencing homelessness
- Albert Lea YMCA, to provide safe, inclusive activities for middle school students
- Blue Zones in Albert Lea, to encourage healthy living
- The Hormel Institute, promoting breast cancer awareness
- Austin Area Arts, celebrating community vibrancy at the annual Artworks festival
- Local United Way chapters, to fund local nonprofits and provide basic needs
- Hometown Food Security Project, supporting local efforts to ensure no one goes hungry
- Freeborn County Backpack Program, providing weekend food for children

Contributions
to Community
Health Needs
Assessment
priorities

\$147,318 Mental well-being

\$61,500 Chronic disease
prevention

\$54,500 Food and housing
insecurities

\$30,312 Access to care

\$22,800 Social connection
and inclusion

\$14,000 Substance
misuse



Community Involvement

Creating a community where people want to live, work, learn and be healthy requires a collective commitment. Mayo Clinic Health System partners with regional organizations to address community needs and promote inclusion. Examples include:

- Hosted monthly community discussions to address preventive care in diverse communities
- Staff volunteered nearly 650 hours to support community efforts, including support for local free clinics and childhood immunizations
- Staff participated in community vibrancy activities, including Wind Down Wednesdays in Albert Lea, Austin Freedom Fest, Lake City Tour de Pepin and Downtown Thursdays in Owatonna

Supporting future healthcare professionals

Mayo Clinic Health System helps promote the future of healthcare careers by working with local schools.

Uniting to address hunger

Food insecurity has long-lasting consequences. Mayo Clinic Health System supports organizations involved in addressing food security and access to healthy foods.

Encouraging safety and healthy living

Mayo Clinic Health System staff interacted with families and community members at summer fairs to promote childhood safety and immunizations and provide health information.

Preserving local history

Mayo Clinic Health System works with Albert Lea community groups to preserve historical elements of the former Naeve Hospital and develop a new commemorative garden in the hospital's former footprint.

Community Partnerships

Recognizing the community's role in overall well-being, Mayo Clinic Health System works with more than 110 organizations across the region to address health needs and access to healthcare. Community partners include:

- Chambers of Commerce
- Coalitions
- Free clinics
- Higher education
- Local officials
- Public health agencies
- School districts
- United Way



\$25,000 \$25,000 helped promote equity, diversity, and inclusion efforts.

250+ More than 250 staff volunteered at 45 community events to support health and well-being.

\$175,000 \$175,000 year-end funds supported food security and transitional housing.

\$343,000+ Contributed more than \$343,000 to 110 organizations.

Staff collection drives

Adopt-a-Family • Blood donations
Books • Diapers and wipes
Food • Toys • Winter clothing