

### Southeast Minnesota 2024

# **Community Impact Report**

In Southeast Minnesota, Mayo Clinic Health System serves Albert Lea, Austin, Cannon Falls, Faribault, Lake City, Owatonna, Red Wing, and surrounding communities. Our community efforts align with the priorities identified in the Community Health Needs Assessment (CHNA):

- · Improve mental well-being.
- Improve access to care.
- Reduce substance misuse.
- · Address chronic disease prevention.
- · Promote social connection and inclusion.

### Community Investments

Mayo Clinic Health System invests in local communities through grants and in-kind donations to initiatives that address community health needs or enhance community vibrancy. In 2024, we contributed \$412,210 to over 110 organizations through our Community Investment program. Highlights include:

- HealthFinders Collaborative and C.A.R.E. Clinic: Improving healthcare access for underinsured and diverse populations.
- Community Pathways and local food shelves: Addressing food insecurity.
- Transitional Housing and Hope for Harbor: Providing safe housing for individuals experiencing homelessness.
- Honoring Dakota Project: Serves to highlight the arts and culture of Dakota relatives through conversations and community events.
- Albert Lea YMCA: Offering safe, inclusive activities for middle school students.
- Blue Zones in Albert Lea: Promoting healthy living.
- Hometown Food Security: Ensuring no one goes hungry.
- Austin Aspires: Parenting resources in low-income neighborhoods
- Local United Way chapters: Funding local nonprofits and providing basic needs.



Contributions to Community Health Needs Assessment priorities: **\$412,210** has impacted **660,711 people** in Southeast Minnesota.

**\$82**к+

\$74K+

Social connection and inclusion

Mental well-being

\$52KH

\$700 Substance misuse \$26K+ Chronic disease prevention

\$165K+ Other assessed needs



### Community Partnerships

Recognizing the community's role in overall well-being, Mayo Clinic Health System collaborates with over 110 organizations across the region to address health needs and promote healthcare access. Examples include:

- County public health departments: Implementing the CHNA.
- Schools: Supporting career and workforce development and ensuring student-athlete safety.
- United Way chapters: Promoting staff giving campaign.
- Free clinics: Improving access to care for underserved populations.

#### Supporting future healthcare professionals

- Albert Lea Public School eighth-grade Career Pathways Program.
- Austin Aspires to a career
  exploration program
- Owatonna High School Opportunity Scholarship program
- Minnesota State College Southeast Health Science Lab

#### Uniting to address hunger

Food insecurity has long-lasting consequences. Mayo Clinic Health System supports organizations addressing food security, including the Hometown Food Security Project, Salvation Army community meals, local food shelves, food drives, United Way chapters, farmers markets, health education, and backpack programs. Creating a food-secure community transforms lives for future generations.

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## Community Involvement

Creating a vibrant community where people want to live, work, learn, and thrive requires collective commitment. Mayo Clinic Health System partners with regional organizations to address community needs and promote inclusion. Examples include:

- Medical staff volunteered time and talent to support local free clinics.
- Medical staff supported childhood immunizations.
- Staff participated in community vibrancy activities, including Taste of Nations, Naeve Garden dedication, Lake City Festival of the Arts and the Steele County Free Fair.
- Medical experts, staff, and healthcare leaders provided over 7,000 hours of community presentations, board service and committee work.
- Staff volunteered over 1,100 hours at 60 community events that served 26 organizations.

#### Promoting safety and healthy living

Mayo Clinic Health System staff engaged with families and community members at summer fairs to promote childhood safety, immunizations, and health information. Events involved collaboration with community agencies, city departments, local nonprofits, and multicultural organizations.



#### **Practice highlights**

- Supported the expansion of imaging services in Owatonna.
- Led the dedication of green space honoring Naeve Hospital.
- Celebrated Cannon Falls medical campus 10th anniversary.