Stroke: Think F.A.S.T.

- **Face**: Ask them to smile. Does the face look uneven?
- **Arms**: Ask them to raise both arms. Does one of them drift down?
- **Speech**: Ask them to speak a simple phrase. Does their speech sound strange?
- **Time**: Test these signs then call 911. Remember Time is Brain.

Stroke signs occur suddenly and can also include:

- Numbness or weakness, on one side
- Loss of vision in one or both eyes
- Unusually severe headache
- Inability to understand speech
- Dizziness or loss of balance

**STROKE IS AN EMERGENCY! CALL 911 IMMEDIATELY.**