



ONGOING EDUCATION

Please join us for our annual education series. You are welcome to attend all the sessions or only those that interest you. The classes are free and open to the public. Advance registration is not required.

The overall goal of the education series is to improve the participants' understanding of dementia, including symptoms and behavior changes. This series is intended to help family members understand the progression of the disease, plan for the future, and to give them the knowledge to assist in their caregiving roles.

Each session meets from 12:00 noon to 1:30 p.m. on the Mayo Clinic campus in the Mayo or Mangurian Building* located at 4500 San Pablo Road in Jacksonville, FL. Free parking is available on the Mayo Clinic campus.

*Meeting location subject to change. Email notification will be sent if there is a room change or you may call the Memory Disorder Clinic at (904) 953-2677 to confirm location.

HELPFUL RESOURCES

Alzheimer's Association
www.alz.org

Association for Frontotemporal
Degeneration
www.theaftd.org

FTD Disorders Registry
www.ftdregistry.org

Cure PSP
www.psp.org

Clinical Trials
www.clinicaltrials.gov

Elder Source of Northeast FL
www.myeldersource.org

Department of Elder Affairs
www.edleraffairs.state.fl.us

For information about any of our programs and services, please contact:
Memory Disorder Clinic
(904) 953-2677
or
MCJMemoryDC@mayo.edu

*Sponsored by the
Mayo Clinic Memory Disorder Clinic and the
State of Florida Department of Elder Affairs*

Alzheimer's and Related Dementia Education Series and Caregiver Support Group

2020

EDUCATION
Learning CARING
EXCELLENCE INTERACTION
HEALTHY
LIVING

Series Schedule

January 2nd, 2020 Mangurian 1600	Dementia: Your Fate is NOT Sealed Philip W. Tipton, M.D. Instructor in Neurology, Mayo College of Medicine
February 6th, 2020 Mayo 2-002N	The Sleep Factor Brynn K. Dredla, M.D. Instructor in Neurology, Mayo College of Medicine
March 5th, 2020 Mayo 2-002N	Caregiver Stress: Tips for Taking Care of Yourself Michelle Graff-Radford, M.S.W., R.Y.T Special Project Associate, Mayo Clinic
April 2nd, 2020 Mayo 2-002N	Depression, Anxiety, & Dementia Christian Lachner, M.D. Assistant Professor of Neurology & Psychiatry Mayo College of Medicine
May 7th, 2020 Mayo 2-002N	Effective Communication Strategies Milva Ballester, Program Manager Alzheimer's Association, North Florida Chapter
June 4th, 2020 Mayo 2-002N	Neuropsychology Testing and Diagnosing Dementia John A. Lucas, Ph.D. Professor of Psychology, Mayo College of Medicine
July 2nd, 2020 Mayo 2-002N	Supportive Conversations Renee Foster, M.S.W., L.C.S.W. Mayo Clinic
August 6th, 2020 Mayo 2-002N	Ask the Neurologist Neill R. Graff-Radford, M.D. Professor of Neurology, Mayo College of Medicine
September 3rd, 2020 Mayo 2-002N	The Role of Palliative Care in Planning Maisha Robinson, M.D. Assistant Professor of Neurology, Mayo College of Medicine
October 1st, 2020 Mayo 2-002N	Open Forum: Question & Answer Session Tanis J. Ferman, Ph.D. Professor of Psychology, Mayo College of Medicine
November 5th, 2020 Mayo 2-002N	Dementia Behaviors & the Holidays Francine Parfitt, M.S., CCRC Memory Disorder Clinic, Mayo Clinic
December 3rd, 2020 Mayo 2-002N	Genetics of Alzheimer's Disease Nilufer Taner, M.D., Ph.D. Professor of Neurology and Neuroscience, Mayo College of Medicine