



Mayo School of Continuing
Medical Education

Geriatric Update for the Primary Care Physician &

George Randolph & Patricia Scott
Lectureship on the Physiology of
Aging

Distinguished Lecturer

John E. Morley, M.B., B.Ch.

Director, Division of Geriatric Medicine

St. Louis University Medical School

St. Louis, Missouri



October 31, 2002

Leighton Auditorium

Siebens Medical Education Building

Rochester, Minnesota

General Information

COURSE DESCRIPTION

The Division of Community Internal Medicine and the Department of Medicine's program on aging is pleased to offer this one-day course to provide practicing physicians with current information on the care of the elderly, including clinical evaluation, management strategies and innovative practice models. All topics were selected for their clinical relevance. Time will be allocated for questions and discussion.

A special noon lecture on **Nutrition and Aging** will be presented in Phillips Hall. This luncheon is also open to all Mayo faculty.

COURSE LEARNING OBJECTIVES

At the conclusion of this program, the participant will be able to:

- Apply new treatment options for congestive heart failure.
- Utilize new approaches toward patients with chronic renal insufficiency.
- Manage pain more appropriately to the elderly.
- Advise elderly patients and their families on skin care and therapy.
- Intervene on suicide and depression in the elderly with more appropriate diagnostic tools and therapeutic interventions.
- Apply anticoagulation management protocols in multiple settings.
- Identify surgical and anesthesia risks in elderly populations.
- Diagnose disease states through case based presentations

INTENDED AUDIENCE

This course is designed for primary care physicians including family practitioners, internists, general practitioners, advanced nurse practitioners and physician assistants.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 7.5 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. This program has been reviewed and is acceptable for 7.5 prescribed hours from the American Academy of Family Physicians.

EDUCATIONAL GRANTS

At the time of this printing, a complete listing of commercial supporters has not been compiled. Appropriate acknowledgment will be given to all supporters at the time of the meeting. There will also be educational displays.

DATE AND LOCATION

The Geriatric Update for the Primary Care Physician course will be held October 31, 2002. Course headquarters will be located in Leighton Auditorium on the second floor of the Siebens Medical Education Building, Mayo Medical Center, 100 Second Avenue Southwest, Rochester, Minnesota.

REGISTRATION

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.

CANCELLATION POLICY

Your registration fee, less a \$50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before October 17, 2002. No refunds will be made after October 17.

TRAVEL

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Downtown Rochester is located approximately 10 driving miles from the Mayo Medical Center complex. A bus and city cabs meets every flight. In addition, car rental is available at the airport.

For participants arriving via the Minneapolis/St. Paul International Airport, there is a shuttle service to Rochester available through Rochester Direct. For reservations and further information, call 507-280-9270.

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790. Reference this course in star file #S9988. The designated travel agency is AAA World Wide Travel. For additional assistance with airfare or ground transportation arrangements, call 800-888-5908.

LODGING ACCOMMODATIONS

Blocks of guestrooms have been reserved with special course rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rate, please identify yourself as a participant of the *Geriatric Update* course.

Kahler Grand Hotel

20 Second Avenue SW
800-533-1655 or 507-282-2581
\$82 single/double

Rochester Marriott Hotel

101 First Avenue SW
877-623-7775 or 507-280-6000
\$129 single/double

The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, restaurants and theaters. You may also wish to visit the Rochester Convention and Visitors Bureau website (www.rochesterconvb.org) for additional accommodation options.

PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.

FACULTY

Course Director

Eric G. Tangalos, M.D.

Mayo Faculty

Robert C. Albright, D.O.

Mark D.P. Davis, M.D.

Mary Doucette

Christopher J. Jankowski, M.D.

Michelle A.O. Kinney, M.D.

Scott C. Litin, M.D.

Laure A. Maki

Gabrielle J. Melin, M.D.

Lyle J. Olson, M.D.

Charles H. Rohren, M.D.

Paul Y. Takahashi, M.D.

Elaine B. York, M.D.

Distinguished Guest Faculty

John E. Morley, M.B., B.Ch.

Dammert Professor of Gerontology

St. Louis University Medical School

St. Louis, Missouri

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

PROGRAM - OCTOBER 31, 2002

7:00 – 7:30 a.m.	Registration and Continental Breakfast Leighton Auditorium Siebens Medical Education Building, Floor 2
7:30 a.m.	Welcome <i>Eric G. Tangalos, M.D.</i>
7:30 – 8:15 a.m.	Congestive Heart Failure <i>Lyle J. Olson, M.D.</i>
8:15 – 9:00 a.m.	Chronic Renal Insufficiency <i>Robert C. Albright, D.O.</i>
9:00 – 9:45 a.m.	Pain Management in the Elderly <i>Michelle A.O. Kinney, M.D.</i>
9:45 – 10:15 a.m.	Refreshment Break
10:15 – 11:00 a.m.	Geriatric Dermatology <i>Mark D.P. Davis, M.D.</i>
11:00 – 12:00 p.m.	Panel on Suicide/Depression in the Elderly Panel Members: <i>Mary Doucette</i> <i>Gabrielle J. Melin, M.D.</i> <i>Paul Y. Takahashi, M.D.</i>
12:00 – 12:30 p.m.	Lunch
12:30 – 1:30 p.m.	George Randolph & Patricia Scott Lectureship on the Physiology of Aging Nutrition and Aging <i>John E. Morley, M.B., B.Ch.</i> St. Louis University Medical School St. Louis, Missouri
1:45 – 2:30 p.m.	Case Studies in Anticoagulation Management <i>Scott C. Litin, M.D.</i>
2:30 – 3:15 p.m.	Anesthesia Risk in the Elderly <i>Christopher J. Jankowski, M.D.</i>
3:15 – 3:30 p.m.	Refreshment Break
3:30 – 4:30 p.m.	Case Discussions <i>Charles H. Rohren, M.D.</i> <i>Elaine B. York, M.D.</i> <i>Laure A. Maki</i>

Geriatric Update for the Primary Care Physician October 31, 2002

To register, complete and return this registration form by mail or fax. The registration fee of \$185 (Physician) or \$100 (Physician Assistant, Nurse Practitioner, Resident) includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. Pre-registration is required. A letter of confirmation will be sent upon receipt of payment and completed registration form. Enrollment is limited; early registration is encouraged.

Mail form and payment:
Mayo School of
Continuing Medical Education
200 First Street SW
Rochester, MN 55905

Telephone: 800-323-2688
507-284-2509
FAX: 507-284-0532
Website: www.mayo.edu/cme
E-mail: cme@mayo.edu

(Please print or type all information. You may duplicate this form for multiple registrations.)

Name _____ Credentials _____
First Name M.I. Last Name

Company/Business _____

Medical Specialty _____

E-mail Address _____

Which do you prefer to be your mailing address: Work/Business Home

Work Address _____ City _____

State/PV _____ ZIP/Postal Code _____ Country _____

Home address _____ City _____

State/PV _____ ZIP/Postal Code _____ Country _____

Home Telephone (_____) _____ Business Telephone (_____) _____

Int'l Telephone (Country Code) _____ City Code _____ Phone _____

FAX (_____) _____

Type of credit that you are interested in receiving: AMA/Category 1 AAFP



Please check if you have any special assistance needs or dietary restrictions.

Please indicate your needs here: _____

P A Y M E N T

Registration Fee:

Physician	\$185	\$ _____
Physician Assistant, Nurse Practitioner, Other	\$100	\$ _____
Total Fee:		\$ _____

[] Check # _____ enclosed (*made payable to Mayo Foundation*)

[] Visa [] MasterCard [] Discover

Card Number _____ Expiration Date _____

Signature _____ Date _____