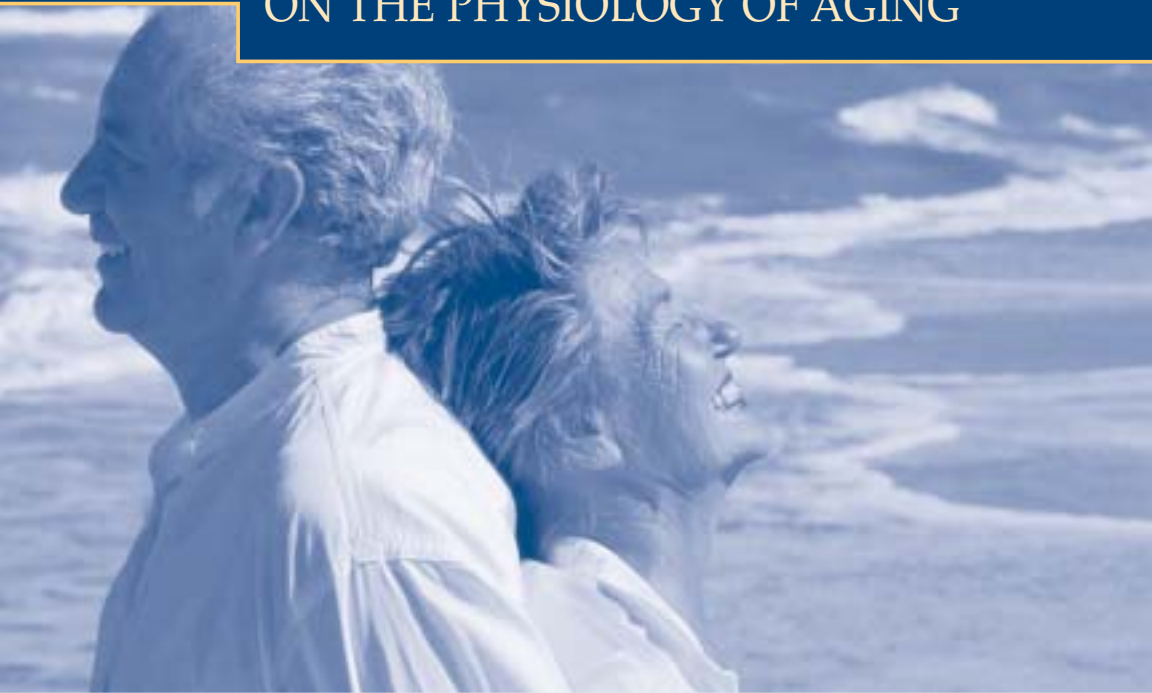


Mayo School of Continuing Medical Education

*Geriatric Update for the
Primary Care Physician*

GEORGE RANDOLPH
& PATRICIA SCOTT LECTURE
ON THE PHYSIOLOGY OF AGING



September 23, 2004

Leighton Auditorium
Siebens Medical Education Building
Rochester, Minnesota

NAMED VISITING PROFESSOR

Joseph G. Ouslander, M.D.
Professor of Medicine,
Director, Division of Geriatric Medicine
and Gerontology
Emory University School of Medicine
Atlanta, GA

General Information

Course Description

The Division of Community Internal Medicine is pleased to offer this one-day program to provide practicing physicians with current information on the care of the elderly, including clinical evaluation, management strategies and innovative practice models. All topics were selected for their clinical relevance. Time will be allocated for questions and discussion.

A special noon lecture by Distinguished Guest Faculty, **JOSEPH G. OUSLANDER, M.D.** on *The Physiology of the Urinary Bladder* will be presented in Phillip's Hall. This lunch lecture is also open to all Mayo faculty.

Course Learning Objectives

At the conclusion of this program, the participant will be able to:

- Utilize new approaches to the diagnosis and understanding of behavioral disorders in the elderly.
- Apply a team approach to patients with nursing acquired infections.
- Advise patients on the best options regarding exercise training.
- Apply new knowledge to select drug therapy.
- Identify treatable conditions and intervene in movement disorders.
- Evaluate patients with syncope and other cardiac disease.
- Implement palliative care practices into (the spectrum of) geriatric practice settings.

Intended Audience

This course is designed for primary care physicians including family practitioners, internists, general practitioners, advanced nurse practitioners and physician assistants.

Credit

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Physician's Recognition Award:

Mayo Foundation designates this educational activity for a maximum of 7.5 category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity. Also, the American Medical Association has determined that non-U.S. licensed physicians who participate in this CME activity are eligible for AMA PRA category 1 credit.

American Academy of Family Physicians:

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Educational Grants

At the time of this printing, a complete listing of commercial supporters has not been compiled. Appropriate acknowledgment will be given to all supporters at the time of the meeting. There will also be educational displays.

Date and Location

The Geriatric Update for the Primary Care Physician course will be held September 23, 2004. Course headquarters will be located in Leighton Auditorium on the second floor of the Siebens Medical Education Building, Mayo Medical Center, 100 Second Avenue Southwest, Rochester, Minnesota.

A special noon lecture by Distinguished Guest Faculty, **JOSEPH G. OUSLANDER, M.D.** *The Physiology of the Urinary Bladder* will be presented in Phillip's Hall. This is also open to all Mayo faculty.

Registration

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.

Cancellation Policy

Your registration fee, less a \$50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before **September 2, 2004**. No refunds will be made after September 2.

Lodging Accommodations

Blocks of guestrooms have been reserved with special course rates at each of the following downtown Rochester hotels. The cut-off date is 09/01/2004. To ensure accommodations and the discounted rate, please identify yourself as a participant of the Geriatric Update course.

Hilton

225 South Broadway
877-782-9444 or 507-285-1234
\$89 single/double

Rochester Marriott Hotel

101 First Avenue SW
877-623-7775 or 507-280-6000
\$129 single/double

The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, restaurants and theaters. You may also wish to visit the Rochester Convention and Visitors Bureau website (www.rochestercvb.org) for additional accommodation options.

Travel

AAA Travel has been designated as the official travel agency for this course. To obtain additional airline discounts or information about ground transportation arrangements, contact AAA Travel, Group Reservations Department at:

Local: 507-289-1851
Toll Free: 800-648-6718
FAX: 507-289-4005
E-Mail: rochgreen.office@mn-ia.aaa.com

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790/817-267-2222 or reference this course under star file #S9988 by destination and date.

For participants arriving via the Minneapolis/St. Paul International Airport, there is a shuttle service to Rochester available through Rochester Direct. For reservations and further information, call 507-280-9270.

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Downtown Rochester is located approximately 10 driving miles from the Mayo Medical Center complex. A bus and city cabs meets every flight. In addition, car rental is available at the airport.

Parking

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.

Program Schedule

Course Director
Eric G. Tangalos, M.D.

Thursday, September 23, 2004

Leighton Auditorium and Phillips Hall

- 7:00 a.m. **Registration and Continental Breakfast**
- 7:30 a.m. **Welcome** – *Eric G. Tangalos, M.D.*
- 7:30 a.m. **Behavioral Dyscontrol** – *Bruce Sutor, M.D.*
- 8:15 a.m. **Palliative Care** – *Amanda B. Ebright, M.D.*
and *Kevin J. Whitford, M.D.*
- 9:00 a.m. **Nursing Home Infections** – *Paul Y. Takahashi, M.D.*
- 9:45 a.m. **Refreshment Break**
- 10:15 a.m. **Exercise Training in the Elderly** – *Kevin R. Short, Ph.D.*
- 11:00 a.m. **Panel on Drug Therapy**
Panel:
Robert D. Sheeler, M.D.
Darryl S. Chutka, M.D.
Lance J. Oyen, PharmD
Eric G. Tangalos, M.D.
- 12:00 p.m. **Box Lunch**
- 12:30 p.m. **George Randolph & Patricia Scott Named Visiting
Professorship on the Physiology of Aging**
- The Physiology of the Urinary Bladder**
Joseph G. Ouslander, M.D.
Professor of Medicine
Director, Division of Geriatric Medicine and Gerontology
Emory University School of Medicine
Atlanta, Georgia
- 1:45 p.m. **Cardiac Disease and Syncope in the Elderly**
Win-Kuang Shen, M.D.
- 2:30 p.m. **Parkinsonism in Seniors: Practicalities in Recognition,
Testing & Treatment** – *J. Eric Ahlskog, M.D.*
- 3:15 p.m. **Refreshment Break**
- Podiatric Care** – *Steven J. Kavros, M.D.*
- 3:30 p.m. **Case Discussions**
Andrew C. Greenlund, M.D.
Elaine B. York, M.D.
Laure A. Maki, CNP
- 4:30 p.m. **Adjourn**

Faculty Disclosure

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Geriatric Update for the Primary Care Physician

September 23, 2004

To register, complete and return this registration form by mail or fax. The registration fee of \$200 (Physician) or \$125 (Physician Assistant, Nurse Practitioner, Resident) includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. Pre-registration is required. A letter of confirmation will be sent upon receipt of payment and completed registration form. Enrollment is limited; early registration is encouraged.

Mail or FAX this completed registration form to:

Mayo School of Continuing
Medical Education
200 First Street SW
Rochester, MN 55905

Telephone: 800-323-2688
or 507-284-2509
FAX: 507-284-0532
E-mail: cme@mayo.edu
Website: www.mayo.edu/cme/multi.htm

(Please print or type all information. You may duplicate this form for multiple registrations.)

Name _____
First Name Middle Name or Initial Last Name

Degree MD DO PhD PA NP Other _____

Institution _____

Medical Specialty _____

E-mail Address _____

Which is your preferred mailing address: Work/Business Home

Address _____

City _____ State/PV _____ ZIP/Postal Code _____ Country _____

Home Telephone (_____) _____ Business Telephone (_____) _____

Int'l Telephone (Country code) _____ (City code) _____ (Phone) _____

FAX _____

Type of credit that you are interested in receiving: AMA/Category 1 AAFP

 Please check if you have any special assistance needs or dietary restrictions.
Please indicate your needs here: _____

P A Y M E N T

Registration Fee

Physician: \$200 \$ _____

Physician Assistant, Nurse Practitioner, Resident: \$125 \$ _____

Check (payable to Mayo Foundation)

Credit Card: Visa MasterCard Discover

Card Number _____ Expiration Date _____

Signature _____ Date _____

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MAYO CLINIC
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