19th Annual

NUTRITION & WELLNESS
IN HEALTH AND DISEASE

Gain knowledge essential to supporting your patients’ nutrition, physical activity and wellness needs.

REGISTER TODAY!
COURSE HIGHLIGHTS
- Ambulatory nutrition, wellness, and physical activity topics with multidisciplinary faculty
- Obesity management update for children and adults including diet, lifestyle, medications, and surgical and endoscopic procedures
- Expert panel discussions about management of complex cases related to patients with obesity (with audience participation)
- Current literature updates, hot topics, interactive case studies, and panel discussions
- Many opportunities for interaction with course faculty

TARGET AUDIENCE
This course is designed for physicians (general internal medicine, family medicine, endocrinologists, and subspecialists interested in nutrition), advanced practice clinicians (nurse practitioners and physician assistants), dietitians and health and wellness specialists.

LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:
- Identify a nutrition, physical activity, behavioral, surgical and/or endoscopic approach for overweight and obese adult and pediatric patients
- Describe the benefits of physical activity (especially high intensity activity) and develop programs for patients
- Recognize the components of healthy eating for patients at risk for or those with cancer
- Analyze the risks and benefits of fad diets such as ketogenic diet.
- Diagnose common medical conditions associated with obesity and evaluate nutritional and medical management of those with diabetes and dyslipidemia

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

COURSE DIRECTORS
M. Molly McMahon, MD
Manpreet S. Mundi, MD
Donald D. Hensrud, MD, MS, MPH

ONLINE REGISTRATION
CE.MAYO.EDU/NUTRITION2019
Full Fee: MD, DO, Scientist $750
Reduced Fee: Resident, Fellow, NP, PA, Allied Health Professional, Dietitians, Retiree $700

CANCELLATION POLICY
Please visit ce.mayo.edu/cancellation for more information.

LODGING ACCOMMODATIONS
Swissôtel Chicago
Guest rooms have been reserved for attendees and their guests with special course rates (starting at $269/night plus tax) at the Swissotel Chicago. In order to receive the special rate, reservations must be made before the room block is filled or before the cut-off date of August 30, 2019, whichever comes first. After August 30, 2019, reservations will be taken based on space and rate availability. Please identify yourself as a participant of the Mayo Clinic Nutrition & Wellness Course when making your reservation.

Make reservations online at: https://book.passkey.com/go/19thannualnutritionwellness
Or call Swissôtel Reservations 1-888-737-9477 or Global Reservations 1-800-441-1414.

CREDIT
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM Maintenance of Certification (MOC)
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 18 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.

Other Healthcare Professionals
A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.