



Mayo School of Continuous Professional Development

# Acute Care Psychiatry CLINICAL REVIEW



## October 18-20, 2012

Swissôtel Chicago  
323 East Wacker Drive  
Chicago, IL

REGISTER ONLINE AT:  
[www.mayo.edu/cme/acute-psych-2012](http://www.mayo.edu/cme/acute-psych-2012)



# GENERAL INFORMATION

## Course Description

This fast-paced and broad review focuses on assessment and management of acute psychiatric problems in all age groups across all acute care settings. The course is highly interactive and clinically based. Based on learner feedback, we are integrating more video into the 2012 course along with “Clinical Pearls.”

## Clinical Pearls in Acute Psychiatry

In the Clinical Pearls format, speakers present a number of short cases. Each case is followed by a multiple-choice question answered live by attendees using an audience response system. The answer distribution is shown to attendees. The correct answer is then displayed and the speaker discusses teaching points, clarifying why one answer is most appropriate. Each case presentation ends with a Clinical Pearl, defined as a practical teaching point that is supported by the literature but generally not well known.

## Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Analyze and apply strategies for the treatment of unipolar and bipolar depression
- Give examples of strategies for management of Cluster B personality disorder
- Describe treatment options for schizophrenia

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Intended Audience

Psychiatrists, Family Medicine Physicians, Psychologists, Nurse Practitioners, Physician Assistants and Clinical Social Workers.

## Credit

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic, designates this educational activity for a maximum of 23.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

21.5 *AMA PRA Category 1 Credits™* are designated for the general session.  
4.0 *AMA PRA Category 1 Credits™* are designated for the ABFM SAM.

### ABPN

The American Board of Psychiatry and Neurology has reviewed the *Acute Care Psychiatry Clinical Review* program, October 18-20, 2012 and has approved this program as part of the comprehensive self assessment program, which is mandated by the ABMS as a necessary component of maintenance of certification.



# GENERAL INFORMATION

## Date and Location

The *Acute Care Psychiatry Clinical Review* course will be held **October 18-20, 2012**, at the Swissôtel Chicago, 323 East Wacker Drive, Chicago, IL. The Swissôtel Chicago integrates precise Swiss service with American energy and European elegance in the heart of downtown Chicago. For more information, go to [www.swissotelchicago.com](http://www.swissotelchicago.com).

The Swissôtel has extended a special room rate of \$269 to course participants. To make reservations please call 312-565-0565. When making reservations, please identify yourself as a participant in the Mayo Clinic Acute Care Psychiatry Clinical Review. Lodging arrangements are the sole responsibility of the individual.

## Registration

To register online, visit [www.mayo.edu/cme/acute-psych-2012](http://www.mayo.edu/cme/acute-psych-2012), mail or fax the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

### For additional information:

Mayo School of Continuous  
Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905

**Website:** [www.mayo.edu/cme/acute-psych-2012](http://www.mayo.edu/cme/acute-psych-2012)

**E-mail:** [cme@mayo.edu](mailto:cme@mayo.edu)

**Phone:** 800-323-2688 or 507-284-2509

**Fax:** 507-284-0532



## Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before **Thursday, October 4**. ([cme@mayo.edu](mailto:cme@mayo.edu) or fax#: 507-284-0532). No refunds will be made on or after Thursday, October 4. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## Faculty Disclosure

As a provider accredited by ACCME, College of Medicine, Mayo Clinic (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

# GENERAL INFORMATION

## Faculty

### Course Directors

*Mark A. Frye, M.D.*

*Timothy W. Lineberry, M.D.*

*Kristin S. Vickers Douglas, Ph.D., L.P.*

### Mayo Faculty

*Osama Abulseoud, M.D.*

*Kurt A. Angstman, M.D.*

*Robert P. Bright, M.D.*

*Paul E. Croarkin, D.O.*

*Scott D. Eggers, M.D.*

*Daniel K. Hall-Flavin, M.D.*

*Lois E. Krahm, M.D.*

*Simon Kung, M.D.*

*Katherine M. Moore, M.D.*

*Brian A. Palmer, M.D.*

*James R. Rundell, M.D.*

*Leslie A. Sim, Ph.D., L.P.*

*Cosima C. Swintak, M.D.*

*Christopher A. Wall, M.D.*

*John M. Wilkinson, M.D.*

### Guest Faculty

*Rona Hu, M.D.*

Stanford University School of Medicine

*Michael J. Gitlin, M.D.*

David Geffen School of Medicine at UCLA

*Mark H. Pollack, M.D.*

Rush University

*M. David Rudd, Ph.D., A.B.P.P.*

University of Utah

## SAVE THE DATE 2013

**Acute Care**  
Orlando, Florida  
October 31-  
November 2, 2013



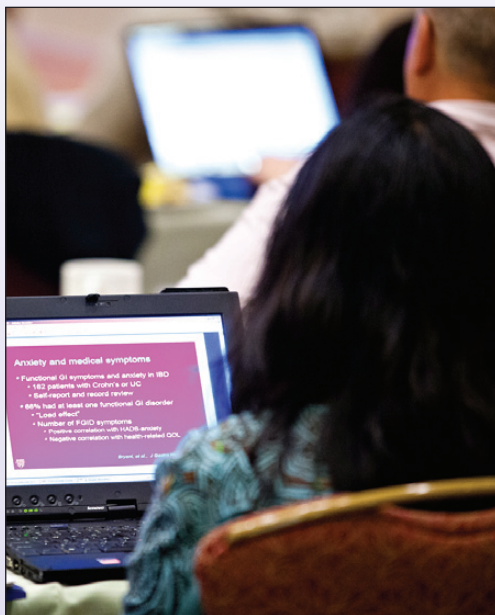
**Disney's Yacht and Beach Club Resorts**



# PROGRAM SCHEDULE

## Thursday, October 18, 2012

- 6:45 a.m. **Continental Breakfast and Registration**
- 7:30 a.m. **Welcome, Introduction, and Pre-Test**  
*Mark A. Frye, M.D., Timothy W. Lineberry, M.D., and Kristin Vickers Douglas, Ph.D., L.P.*
- 8:00 a.m. **Case Presentation**  
*Timothy W. Lineberry, M.D.*
- 8:15 a.m. **Differential Diagnosis - Unipolar, Bipolar, Personality or a Combination...**  
*Timothy W. Lineberry, M.D.*
- 8:35 a.m. **Approach to Unipolar Depression Treatment**  
*Michael J. Gitlin, M.D.*
- 9:15 a.m. **Q&A**
- 9:40 a.m. **Break**
- 10:00 a.m. **Video Case Presentations**  
*Mark A. Frye, M.D.*
- 10:10 a.m. **Approach to Bipolar Depression Treatment**  
*Mark A. Frye, M.D.*
- 10:35 a.m. **Approach to Personality Disorder Treatment**  
*Brian A. Palmer, M.D.*
- 10:55 a.m. **Treatment of Co-occurring Disorders**  
*Osama Abulseoud, M.D.*
- 11:15 a.m. **Case Discussion and Q&A**  
*Mark A. Frye, M.D., Brian A. Palmer, M.D., Osama Abulseoud, M.D., and Michael Gitlin, M.D.*
- 12:00 p.m. **Lunch (on your own)**
- 1:30 p.m. **Adult ADHD**  
*Mark A. Frye, M.D.*
- 1:50 p.m. **Rapid Cycling Bipolar Disorder**  
*Michael Gitlin, M.D.*
- 2:10 p.m. **Alcohol Dependence**  
*Osama Abulseoud, M.D.*
- 2:30 p.m. **Q&A**  
*Mark A. Frye, M.D., Michael Gitlin, M.D., Osama Abulseoud, M.D.*
- 3:00 p.m. **Break**



# PROGRAM SCHEDULE

## Thursday Tracks - 3:15 to 5:00 p.m. (Select one)

### Track 1: Neurology Update

*Scott D. Eggers, M.D.*

- Vertigo: Stop Your Head Spinning!
- Functional Gait Disorders: Assessment and Diagnosis

### Track 2: Clinical Pearls in Child & Adolescent Psychiatry ADHD, Psychosis, Mania, and Eating Disorders

*Paul E. Croarkin, D.O. Leslie A. Sim, Ph.D., L.P., Christopher A. Wall, M.D., and Cosima C. Swintak, M.D.*

### Track 3: Motivational Interviewing

*Kristin S. Vickers Douglas, Ph.D., L.P. and Daniel K. Hall-Flavin, M.D.*

### Track 4: Focus on Inpatient Psychiatry

- Catatonia  
*Timothy W. Lineberry, M.D.*
- Refractory Depression  
*Michael J. Gitlin, M.D.*
- New Models in Neuromodulation (DBS, TMS)  
*Mark A. Frye, M.D.*
- Case Examples and Q&A

### Track 5: Psychiatric Management in Family Medicine

- Monitoring and Managing Antidepressants in Primary Care  
*Brian A. Palmer, M.D.*
- Management of Sleep Disorders in Primary Care  
*Lois E. Krahn, M.D.*
- Managing the Difficult Patient  
*Brian A. Palmer, M.D.*
- Case Examples and Q&A

## Friday, October 19, 2012

- 7:00 a.m.      **Continental Breakfast and Registration**
- 7:30 a.m.      **Thursday Review**  
*Mark A. Frye, M.D., Timothy W. Lineberry, M.D., and Kristin Vickers Douglas, Ph.D., L.P.*
- 8:00 a.m.      **Video Case Presentation with Assessment Principles**  
*Timothy W. Lineberry, M.D.*
- 8:30 a.m.      **Acute Management of Schizophrenia**  
*Rona Hu, M.D.*
- 9:10 a.m.      **Q&A**
- 9:40 a.m.      **Break**
- 10:00 a.m.    **Acute Mania Treatment**  
*Mark A. Frye, M.D.*



# PROGRAM SCHEDULE

10:30 a.m.	<b>Synthetic Drugs</b> <i>Timothy W. Lineberry, M.D.</i>
10:45 a.m.	<b>Opioid Abuse/Dependence</b> <i>Osama Abulseoud, M.D.</i>
11:00 a.m.	<b>Management of Sleep Disorders</b> <i>Lois E. Krahn, M.D.</i>
11:20 a.m.	<b>Case Presentation with Q&amp;A</b>
12:00 p.m.	<b>Lunch</b> (on your own)
1:30 p.m.	<b>Treatment of Depression and Bipolar Disorder in Pregnancy</b> <i>Katherine M. Moore, M.D.</i>
2:10 p.m.	<b>Video Case Presentation</b> <i>Mark A. Frye, M.D.</i>
2:20 p.m.	<b>Q&amp;A</b> <i>Katherine M. Moore, M.D. and Mark A. Frye, M.D.</i>
3:00 p.m.	<b>Break</b>

<b>Friday Tracks - 3:15 to 5:00 p.m. (Select one)</b>	
<b>Track 1: Neurology Update - Clinical Pearls in Neurology</b>	<i>Scott D. Eggers, M.D.</i>
<b>Track 2: Clinical Pearls in Child &amp; Adolescent Psychiatry Depression, Conduct Disorder, Autism Spectrum Disorders, Anxiety Disorders</b>	<i>Paul E. Croarkin, D.O. Leslie A. Sim, Ph.D., L.P., Christopher A. Wall, M.D., and Cosima C. Swintak, M.D.</i>
<b>Track 3: Practical Applications of Psychotherapy in Clinical Practice Workshop</b>	<i>Kristin S. Vickers-Douglas, Ph.D., L.P.</i>
<b>Track 4: Hospital Psychiatry</b>	<ul style="list-style-type: none"><li>• Inpatient Management of Schizophrenia <i>Rona Hu, M.D.</i></li><li>• Mania in the Hospitalized Patient <i>Mark A. Frye, M.D.</i></li><li>• ECT <i>Robert P. Bright, M.D.</i></li><li>• Case Examples and Q&amp;A</li></ul>
<b>Track 5: Psychosomatic Medicine</b>	<ul style="list-style-type: none"><li>• Fibromyalgia <i>Robert P. Bright, M.D.</i></li><li>• Dementia – Managing Behavioral Dyscontrol <i>James R. Rundell, M.D.</i></li><li>• Delirium <i>James R. Rundell, M.D.</i></li><li>• Case Examples and Q&amp;A</li></ul>

# PROGRAM SCHEDULE

## Saturday, October 20, 2012

7:00 a.m.	<b>Continental Breakfast</b>
7:35 a.m.	<b>Review Friday</b> <i>Mark A. Frye, M.D., Timothy W. Lineberry, M.D., and Kristin S. Vickers-Douglas, Ph.D., L.P.</i>
8:00 a.m.	<b>Case Presentations</b>
8:15 a.m.	<b>Suicide Risk Assessment Principles</b> <i>Timothy W. Lineberry, M.D.</i>
8:40 a.m.	<b>Lessons Learned from Suicides and Practical Tools</b> <i>M. David Rudd, Ph.D., A.B.P.P.</i>
9:10 a.m.	<b>Q&amp;A</b>
9:35 a.m.	<b>Break</b>
9:55 a.m.	<b>PTSD</b> <i>Mark H. Pollack, M.D.</i>
10:20 a.m.	<b>Psychotherapeutic Approaches to PTSD</b> <i>M. David Rudd, Ph.D., A.B.P.P.</i>
10:45 a.m.	<b>OCD Treatment</b> <i>Mark H. Pollack, M.D.</i>
11:05 a.m.	<b>Panic, Social Anxiety Disorder and GAD</b> <i>Mark H. Pollack, M.D.</i>
11:25 a.m.	<b>Q&amp;A</b>
11:50 a.m.	<b>Post-Test</b>
12:00 p.m.	<b>Adjourn</b>
1:30 - 4:00 p.m.	<b>Clinical Pearls in Acute Psychiatry</b>
5:00 p.m.	<b>Adjourn</b>

### Optional - Family Medicine Maintenance of Certification

1:00 p.m.	<b>Maintenance of Certification Session – Depression Module</b> <i>Kurt B. Angstman, M.D., John M. Wilkinson M.D., and James R. Rundell, M.D.</i>
5:30 p.m.	<b>Adjourn</b>

### AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



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**Mail form and payment to:**  
Mayo School of CPD  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905

Phone: 800-323-2688  
507-284-2509  
FAX 507-284-0532  
E-mail [cme@mayo.edu](mailto:cme@mayo.edu)  
Web site [www.mayo.edu/cme](http://www.mayo.edu/cme)

(Please print or type all information. You may duplicate this form for multiple registrations.)

Contact Information

Name of Registrant – first name, middle name or initial, and last name		Degree – select all that apply <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> Other – specify:	
Name of Institution		Medical Specialty	
Preferred Mailing Address – select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address – street address		Work Phone – <small>include all country and city/area codes as needed along with complete phone number</small>	
City	State or Province	ZIP or Postal Code	Country
Home Address – street address		Home Phone – include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
E-mail Address <small>(NOTE: E-mail is the Mayo School of CPD's primary form of correspondence.)</small>		FAX – include all country and city/area codes as needed along with complete phone number	FAX Location – select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home

SPECIAL NEEDS

☐ Please check if you have special accommodation or dietary needs and indicate specific need(s):

Type of credit you are interested in receiving:    ☐ AMA/Category 1™    ☐ AAFP    ☐ Other (list) \_\_\_\_\_

Registration Fee:

Before August 1, 2012

Physicians/Scientists - \$725

Residents, Physician Assistants and Nurse Practitioners - \$625

After August 1, 2012

Physicians/Scientists - \$825

Residents, Physician Assistants and Nurse Practitioners - \$725

Choose one track for each day

Thursday Tracks (3:15 - 5:00 pm)

☐ Track 1    ☐ Track 2    ☐ Track 3    ☐ Track 4    ☐ Track 5

Friday Tracks (3:15 - 5:00 pm)

☐ Track 1    ☐ Track 2    ☐ Track 3    ☐ Track 4    ☐ Track 5

ABFM Maintenance of Certification Module (\$100)    ☐ Yes - ABFM# \_\_\_\_\_    \$ \_\_\_\_\_

TOTAL PAYMENT ENCLOSED    \$ \_\_\_\_\_

PAYMENT METHOD \* (US funds only \* Wire transfers will be assessed a \$25 USD fee.)

☐ Check is enclosed in the amount shown at right – make checks payable to Mayo Clinic

Credit Card – select one <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	Exp Date – mm/yy
Name of Cardholder – as it appears on the card		Signature of Cardholder – required

MAYO CLINIC

200 First Street SW  
Rochester, MN 55905

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Mayo School of Continuous Professional Development

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*If you already received a copy of this brochure,  
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