



MAYO CLINIC  
HEALTH SYSTEM

# PUT UP YOUR BEST DEFENSE

## Schedule Your Seasonal Flu Vaccine

It's time to schedule your seasonal flu immunization, and this year it's more important than ever to put up your best defense against illness.

### **Self-schedule your flu immunization appointment**

You can access Patient Online Services from [mayoclinichealthsystem.org](http://mayoclinichealthsystem.org).

### *On the web:*

- Log in to Patient Online Services
- Go to "Appointments and Admissions"
- Select "New Appointments"
- Select "Flu Immunization"
- Choose a time, date, and location
- Finalize by selecting the "Schedule Now" button

### *On the Mayo Clinic app:*

- Log in or create an account
- Go to "Request"
- Select "Request Appointment Now"
- Select "Flu Immunization"
- Choose a time, date, and location
- Finalize by selecting the "Schedule Now" button

## Schedule a flu immunization appointment for your child (ages up to 12)

To self-schedule for patients between 6 months and 12 years of age, a parent or guardian will need to schedule this appointment using caregiver access to the child's Patient Online Services account.

If you've previously set up caregiver access to your child's account:

### *On the web:*

- Log into Patient Online Services
- Click your name in the upper right corner
- Select the patient's name from the drop down
- Follow the steps listed above

### *On the Mayo Clinic app:*

- Log into Patient Online Services
- Touch your name at the top of the screen
- Select the patient's name on the screen
- Follow the steps listed above

If you need to set up caregiver access to your child's account, follow these steps.

### *On the web:*

- Log into your Patient Online Services account
- Click your name in the upper right corner
- Click "Add Another Patient Account"
- Click "Begin Request"
- Complete the form
- Click "Send Request"

### *On the Mayo Clinic app:*

- Log into your Patient Online Services account
- Touch your name at the top of the screen
- Touch the "+" in the upper right corner
- Touch "Begin Request"
- Complete the form
- Touch "Submit" in the upper right corner

You will receive an email after your request has been processed. It may take up to 24 hours to process the request.

## Appointments for minors (ages 13–17)

Patients ages 13–17 need to have their own Patient Online Services account to directly schedule flu vaccination appointments online. It's easy to create this account. The patient should call Mayo Clinic Customer Assistance at 1-877-858-0398 weekdays from 7 a.m. to 7 p.m.

Choose option "5" from the phone menu options. The patient needs an email account and a parent or guardian needs to be available during the call to answer a few questions.

## Need help?

If you have a question about Patient Online Services or are experiencing issues accessing your account, contact our Mayo Clinic Customer Assistance line at 1-877-858-0398 weekdays from 7 a.m. to 7 p.m.

You can also call your local clinic to schedule an appointment for a flu immunization.

Visit [mayoclinichealthsystem.org](http://mayoclinichealthsystem.org) for details.